

MOTIVATION

A common challenge of people managers in today's world is how to motivate their staff, particularly over the long term. It all comes down to answering the questions, "What makes people do anything?" Understanding our own motivation and that of others give us insights to people's behavior and responses. With this knowledge, you can frame request sand job assignments so people want to perform. Tap into the full potential of your staff.

Learning Objectives:

- Recognize the key elements of motivation
- Learn about motivational theories and they apply
- Understand what motivates you as an individual
- Explore the various ways to provide rewards

Who Should Attend:

People who want to gain a better understanding of how to motivate self and others

How Will Participants Benefit:

- Increase productivity
- Gain insights into motivational theories and understand how to adapt your style to the individual and situation
- Build greater buy-in and trust
- Become more effective in getting personal results

Delivery Method:

Lecture, exercises and group discussion

Duration: Three hours